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"I call heaven and earth to witness against you today, that I have set before you life and death, the blessing and the curse. So choose life in order that you may live, you and your descendants," Deuteronomy 30:19

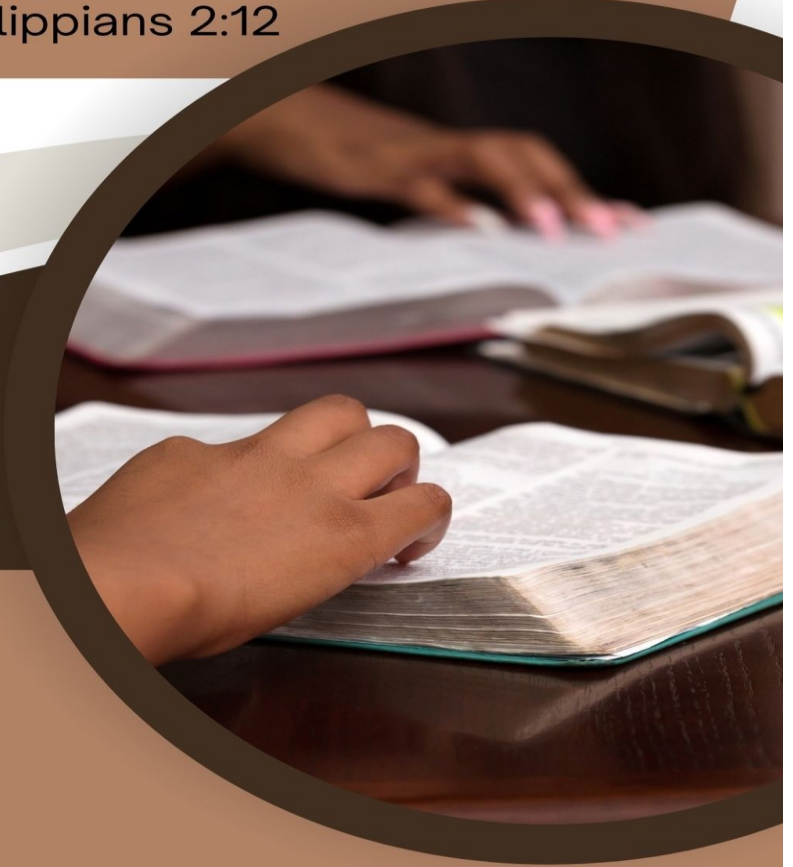
# Work It Out

A Discipleship Self Study

"So then, my beloved, just as you have always obeyed, not as in my presence only, but now much more in my absence, work out your salvation with fear and trembling; for it is God who is at work in you, both to will and to work for His good pleasure." Philippians 2:12

Mary Baker

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# Work It Out

## Discipleship Study Guide

By: Mary Baker

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# Work It Out

## Discipleship Study Guide

This study guide is designed to help you discover the key principles of the Christian faith and help you to grow and become a faithful follower of Christ. Christ is an amazing model to us showing us how to love and obey God, when He walked upon the earth. Everything the Bible instructs to do as followers of Christ, He modeled throughout His life. Our gift of salvation is a free gift from God, it does not require any prerequisites, but it does require action, commitment, and a new way of thinking and living. God gives us the Holy Spirit as our tutor and guide and empowers us to carry out all of the instructions He gives us. Each person who comes to faith in Christ must learn to live in their new life, however, many times new converts receive no guidance or instructions on how they attain the principles of their new life.

This guide is designed to help you in understanding and learning the way of walking in faith and conducting yourself as a child of God. 2 Corinthians 5:17 says, “*Therefore if anyone is in Christ, he is a new creature; the old things passed away; behold, new things have come.*” The “new creature” is our hearts, mind and spirit being changed by Christ's living in us. We received this power at the time we decided to follow Christ. This is a lifetime decision, not a fair weathered decision, and not a decision based on selfish motives. Christ explains this to His followers in Luke 14:25-35. I encourage you to read 1st and 2nd Corinthians along with this guide for an even deeper discipleship experience. God has called us into His kingdom out of His love and kindness. We are taught in Romans 12:1, that it is our “reasonable act of worship” to honor and obey the teachings God has given us through Christ and those He has given charged to speak on His behalf. 2 Timothy 3:16-17 says, “*All Scripture is inspired by God and profitable for teaching, for reproof, for correction, for training in righteousness; so that the man of God may be adequate, equipped for every good work.*”

Our “good works” can only be done in the power Christ has given us through the Holy Spirit. The Holy Spirit is the evidence of a true conversion as He empowers us to conduct ourselves in godliness. I hope that you will be encouraged as you begin this guide. You can

join our Facebook Discipleship group,<https://www.facebook.com/share/g/1FU34Y9dV3/>,  
if you need help with any of the questions.

# Common Bible Facts Every Christian Should Know

## The 10 Commandments

### Exodus 20:1-17

1. You shall have no other gods before Me.
2. You shall not make idols.
3. You shall not take the name of the LORD your God in vain.
4. Remember the Sabbath day, to keep it holy.
5. Honor your father and your mother.
6. You shall not murder.
7. You shall not commit adultery.
8. You shall not steal.
9. You shall not bear false witness against your neighbor.
10. You shall not covet.

## The Fruit of the Spirit

### Galatians 5:22-23

But the fruit of the Spirit is  
love,  
joy  
peace  
patience  
kindness  
goodness  
faithfulness  
gentleness  
self-control;  
against such things there is no  
law.

## The Lord's Prayer

### Matthew 6:8-13

So do not be like them; for your Father knows what you need before you ask Him. "Pray, then, in this way:

'Our Father who is in heaven, hallowed be Your name.

'Your kingdom come. Your will be done, on earth as it is in heaven. 'Give us this day our daily bread.

'And forgive us our debts, as we also have forgiven our debtors. 'And do not lead us into temptation, but deliver us from evil.[For Yours is the kingdom and the power and the glory forever. Amen.']

## The 12 Apostles

### Matthew 10:2-3

"Now the names of the twelve apostles are these:

The first, Simon, who is called Peter,  
and Andrew his brother;

and James the son of Zebedee,  
and John his brother;

Philip and Bartholomew;

Thomas and

Matthew the tax collector;

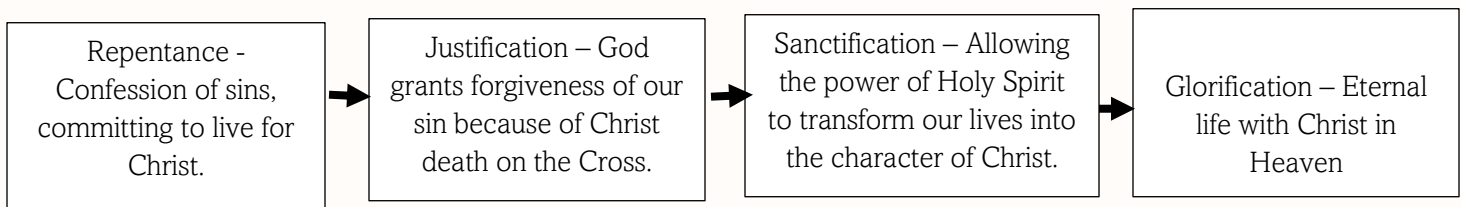
James the son of Alphaeus,  
and Thaddaeus; Simon the Zealot,  
and Judas Iscariot, the one who betrayed  
Him"

# Working it Out

So then, my beloved, just as you have always obeyed, not as in my presence only, but now much more in my absence, work out your salvation with fear and trembling; for it is God who is at work in you, both to will and to work for *His* good pleasure. (Philippians 2:12-13)

As a follower of Christ, you should know God's Word, His nature, His expectations, His plan for your life, and how to continue in the spiritual journey that leads to eternal life, this is the "working out of your own salvation". Christ tells us that there is a cost to following Him. We must pick up our cross daily, meaning we must continue to walk in the commitment we made to give our lives to Him daily. No one comes to God without Him allowing our spiritual eyes to be opened and our hearts to yield to His commands. The process of our spiritual walk includes the following:

## Spiritual Process



Just as God used the Prophets to speak to His people in the Old Testament, He used His Apostles and Disciples to speak to the Body of Christ, "The Church" in the New Testament. The New Testament includes the Gospels which are accounts of Christ's coming and His ministry, Paul's Missionary journeys, where He and other followers of Christ, planted the first churches and spread the Gospel throughout the world. The New Testament also includes Paul's letters to the churches he planted during his missionary journeys. They include letters to believers from Romans to the Revelation of Christ, which tells what will happen in the final days before Christ returns. When we are born-again, Christ transforms our lives from the bondage of sin, into a new life of power over sin through Holy Spirit. He is the power of God that works in us, as we yield to His conviction in our spirit, we become changed in what we think, how we act, and how we treat others. We receive the same power from God that raised Christ from the dead, that builds us up into a new spiritual person. However, this is a lifelong process. We never stop yielding to Holy Spirit. We always need Him, to keep sanctifying and purifying our heart and our character. This study guide has been created to help new believers learn the process of maturing in Christ and embracing the power of the Spirit-filled life.

A summary of the Old and New Testaments is provided on the next page. This discipleship study focuses on the books of the New Testament because these are the books that teach born-again believers how they should live. The Old Testament books are very important as they teach us how God was faithful in bringing forth His promises within the Old Testament which was the pathway to the coming of Christ and His reconciling mankind to God. I hope that once you complete this discipleship study, you will be equipped to stand firm in your faith, understand God's Word and His expectations of you, and allow the process of sanctification to take center stage in transforming you from the old sin-oppressed person to the new person in Christ, where sin is no longer master.

Please feel free to contact me at [inspiringlifebooks@gmail.com](mailto:inspiringlifebooks@gmail.com) if you have questions or need one on-one discipleship to answer questions you may have.

## The Books of the Old Testament

Memorizing the following books of the Bible will help you in navigating through the chapters of the Bible.

1.	Genesis
2.	Exodus
3.	Leviticus
4.	Numbers
5.	Deuteronomy
6.	Joshua
7.	Judges
8.	Ruth
9.	First Samuel
10.	Second Samuel
11.	First Kings
12.	Second Kings
13.	First Chronicles
14.	Second Chronicles
15.	Ezra
16.	Nehemiah
17.	Esther
18.	Job
19.	Psalms
20.	Proverbs
21.	Ecclesiastes
22.	Song of Solomon
23.	Isaiah



24.	Jeremiah
25.	Lamentations
26.	Ezekiel

## The Books of the Old Testament

27.	Daniel
28.	Hosea
29.	Joel
30.	Amos
31.	Obadiah
32.	Jonah
33.	Micah
34.	Nahum
35.	Habakkuk
36.	Zephaniah
37.	Haggai
38.	Zechariah
39.	Malachi



## The Books of the New Testament

1.	Matthew
2.	Mark
3.	Luke
4.	John
5.	Acts
6.	Romans
7.	1 Corinthians
8.	2 Corinthians
9.	Galatians
10.	Ephesians
11.	Philippians
12.	Colossians
13.	1 Thessalonians
14.	2 Thessalonians
15.	1 Timothy
16.	2 Timothy
17.	Titus
18.	Philemon
19.	Hebrews
20.	James
21.	1 Peter
22.	2 Peter
23.	1 John
24.	2 John
25.	3 John
26.	Jude
27.	Revelation

# A Summary of the Old and New Testaments

Here are some details about God's word to help you understand how the Bible is laid out and how it is consistent and flows together throughout all 66 books of the Bible.

## 1. The first five books of the Bible are the Books of the law:

Genesis – Exodus – Leviticus – Numbers – Deuteronomy - These books are also called the Pentateuch, which means “5 books” and in the Hebrew Bible these first five books are also called the Torah.

## 2. The historical books:

Joshua- Judges –Ruth -provide a detailed account of the children of Israel's settlement into the promised land, their turning away from God's word, God's provision for His children by bringing forth judges over Israel, and finally in the Book of Ruth bringing forth the lineage of David through which Jesus Christ would bring forth salvation to mankind.

## 3. The accounts of the Kings of Israel:

1st and 2nd Samuel, 1st and 2nd Kings, and 1st and 2nd Chronicles provide details of the rulers over Israel as they demanded that their people be ruled by a King. God gave Samuel the task of finding a King for His people and warned them of the strife and oppression to come. 1st and 2nd Chronicles were a detailed account of all the Books of the Bible from Genesis to the Kings in Israel. These Books provided the children of Israel who came back from captivity in Babylon with the history of their people.

## 4. Events during the Captivity of Israel - Ezra – Nehemiah – Esther – Lamentations – Ezekiel – Daniel – Haggai - Zechariah

These books all give accounts of Israel during the times of captivity. The children of Israel lived in captivity for 70 years. Lamentation, Daniel, and Ezekiel provide an account of the first part of their captivity under King Nebuchadnezzar. Ezra, Nehemiah, and Esther are accounts of the children of Israel after their captivity when they returned to Jerusalem by the first proclamation made by King Cyrus to Ezra to build the temple, and the final exodus by King Darius to Nehemiah to build the wall.

## 5. The books of Wisdom

Psalms, Proverbs, Ecclesiastes and Song of Solomon are all books of wisdom written by David, his son Solomon and others during those times.

## 6. The Books of the Prophets

The Books of the Prophets are not laid out in chronological order as they took place in history. Each book of the Prophets lists the time of the King under which they prophesied. Reading the opening chapter will allow you to place each Prophet in his correct place in Biblical time and will provide a consistent and cohesive chronological message.

# A Summary of the New Testament

## 1. The Four Gospels – Matthew – Mark – Luke – John

The four Gospels were written to give us a record of Christ's family line in Matthew chapter one and Luke chapter three. Although the Gospels reference four different Apostles, their canonical authors were anonymous. Early church fathers accredited each of these Gospels to their authors because of the detailed accounts that would be known by them. The message of the four Gospels was intended for the Jews as Jesus coming was for the reconciliation of the Jews first. Christ speaks vividly throughout these books to provide the purpose of His coming, His death, and His resurrection. Christ's message to leaders is plain and clear as He warns against the coming deception, the persecution of those who follow Him, and the entry of false teachers and false doctrine within the church. Jesus instructs us and commands us to love God and others. The two greatest commandments are given to us. (NASB Matthew Summary)

## 2. The Book of Acts

The Book of Acts opens with the Ascension of Jesus into heaven. This picture in the first chapter of Acts is instrumental in providing fundamental truth for believers. We are given a firsthand account of Christ's entry into heaven which seals our hope for His return from heaven to gather us on the Last Day. The Book of Acts also provides details about the beginning of the Holy Spirit's work in the life of the believer. We learn about life at the beginning of Christian fellowships. The institution of church offices and the purpose of the church family. We meet Saul, who is met by Christ on the road to Damascus to persecute those who were following the Way of Christ. Paul was then designated as the missionary to the Gentiles and set up churches in many areas in Asia Minor, Greece, and the surrounding area.

## 3. The Book of Romans

The Book of Romans begins with a staunch warning to those who would turn away from God and embrace immorality. Romans is a very in-depth look into the soul of man and the motive of man's heart. It also details the entryway to salvation for the Gentiles through the sinfulness of the Jews who had rejected Christ and disobey God's commandments. Romans challenges the believers to not be slaves to their flesh but to live according to the power given to us through the indwelling of the Holy Spirit. There is a constant theme of walking by faith, trusting in the work Christ did for us on the cross and not being ruled by our flesh.

## 4. The Books of the Epistles – 1&2 Corinthians – Galatians – Ephesians – Philippians – Colossians – 1&2 Thessalonians

These Epistles give the believer very detailed and candid instructions on developing a new mindset as followers of Christ. We are instructed on how we should treat each other in the Body of Christ, and how we should treat non-believers. We are also encouraged to look to our blessed hope in Christ when He returns to gather His bride into eternity. These Scriptures are a mirror for the believer. They give us a clear measuring gauge as to whether we are growing in spiritual maturity and attaining the fullness that Christ afforded us through His death. We are also warned of the error of false teachings and false teachers that will creep into the church body.

## 5. The books of Timothy- Titus - Philemon

These Epistles speak of Church order and leadership and the character of church leaders. They speak specifically to church overseers who are in charge of shepherding God's people. These books give us a great foundation for church mentoring and leadership development. We are instructed as to how we should choose church leaders and warned against not being diligent in choosing godly leaders who are mature and faithful to the teachings of Christ.

## 6. The book of Hebrews

The author of Hebrews is unknown. The focus of Hebrews is the purpose and significance of the New Covenant provided through the sacrifice of Jesus. Hebrews opens with a proclamation of Christ's reign as He is seated at the right hand of the Father. We get a picture of the significance of Christ coming in putting aside the Old Covenant and fulfilling the requirements of the Law through His sacrifice. This is also explained in depth in the chapters of Hebrews. Hebrews builds the foundation on which we rest our faith—Jesus Christ. We have rest in His completed work on the cross and the New Covenant greatly surpasses the Law and the works of purification necessary to atone for sins. Christ finished that atonement for us on the Cross.

## 7. The books of James – 1&2 Peter, 1, 2, &3 John and Jude

These books continue where Paul left off in exhorting the believer to embrace sanctification and holy living. We are repeatedly compelled to evaluate who we are live as believers. We are challenged to live our lives worthy of the calling for which Christ called us to live. Through the Holy Spirit, we can accomplish this godly lifestyle as it is God's Spirit that empowers us to live holy. John's Epistles compels us as believers that the central basis of the Christian life is love. Loving God, loving righteousness, loving each other, and loving God's Word. We are constantly reminded that a life that is not reflective of a loving heart is not a life lived for God. Jude focuses on our love for truth. When we abide by the Scriptures and allow them to mold and shape us, we are giving evidence of our love for God's truth.

## 8. The Revelation of Christ

The final chapter of Scripture is Revelation. This book is a culmination of all the Prophetic messages of Scripture that warn us of the Second Coming of Christ. It is Christ's message to those of the Israelite nation and to us who believe in His death and resurrection. Revelation is a thriller that brings us to our new home in the New Heaven and New Earth. It is suspenseful and exciting, so much so that many movies and films depict its thrilling message. Revelation provides a glimpse into the supernatural world. We are provided with a picture of heaven and the events that will take place as this world comes to an end. We see the final defeat of the devil and his false prophets. We see the result of man in his arrogance when God brings about His final wrath.

We find our peace and our rest in understanding how the story ends and the rewards of eternal salvation, that only a perfect sacrifice can provide. Our faith is sealed, and sin is defeated once and for all. What a glorious picture to behold. I hope you will be exceedingly blessed as you explore the New Testament. If you have read and studied the Old Testament, you will gain a complete picture of the message God has provided for us through His Prophets, Apostles, disciples and Christ our Savior. From Adam to Revelation God designed a pathway of reconciling us to Him. The fall of man was not the end of man, and God made certain that the one who brought destruction to man's spirit would face his destruction in the end.

## Major Events of the Bible

Here are some of the major events of the Bible to study and become familiar with.

The Creation Story – Genesis 1-2

The Fall of Man – Genesis 3

Cain and Able – Genesis 4

The Flood – Genesis 6

The Call of Abraham and the Promised Nation – Genesis 12

The Destruction of Sodom and Gomorrah – Genesis -19

The Story of Joseph – Genesis 37 -50

The Burning Bush – Exodus 3

The Exodus of the Children of Israel – Exodus 13

The Fall of the Walls of Jericho – Joshua 6

The Promise Land – Joshua 4

Samson – Judges 13

Ruth – Ruth

The Kings of Israel and Judah -1 Samuel – 2 Chronicles

The Story of Job – Job

Jonah – Jonah 1-4

Daniel – Daniel

The Birth of Christ – Luke 2, Matthew 1



## Major Events of the Bible

The Crucifixion and Resurrection of Christ – Matthew 26-28

Mark 15-16, Luke 23-24, John 19-20

Christ returns to heaven – Acts 1

The Pentecost – Acts 2

Paul's Conversion – Acts 9

Paul plants the New Testament Churches – Acts 13-21

Christ's Return – Revelation 19

# New Testament Discipleship Study

## Discipleship

## Romans 1

### OBJECTIVES OF THIS LESSON:

- To understand how God works in His creation
- To challenge you to examine your spiritual life regularly to deal with unbelief
- To learn what happens when we willingly reject God's Word

**Memory Verse:** *Romans 1:16, "For I am not ashamed of the gospel, for it is the power of God for salvation to everyone who believes, to the Jew first and also to the Greek."*

**Read/Application:** Read Romans 1 and answer the questions below, then apply what you have learned daily.

1. What does Paul teach us about him, his role and Christ in verses 1-5 of Romans 1? Why is this important?
2. What gave Paul his passion to preach the Gospel to the Gentiles in verses 11-17?
3. How do we know that God's Word is true from verses 18 - 20?
4. What does Paul teach us about why man rejects God's truth in verses 21-25?
5. Read 2 Timothy 2:25-26. How does these Scriptures relate to how God deals with willful rejection of His Word in verses 26-28?
6. How does Paul describe the deterioration of a person's soul in verses 29 -32.
7. After reading Romans chapter 1, what does these Scriptures teach you about God's expectation of those who hear His Word? What does this teach you personally?

# New Testament Discipleship Study

## Discipleship

## Romans 2

### OBJECTIVES OF THIS LESSON:

- To learn to judge others without partiality
- To learn the true nature of a born-again believer
- To challenge you to examine the motives of your heart daily

**Memory Verse:** *Romans 2:4, "Or do you think lightly of the riches of His kindness and tolerance and patience, not knowing that the kindness of God leads you to repentance?"*

**Read/Application:** Read Romans 2 and answer the questions below, then apply what you have learned daily.

1. What do Romans 2:1-3 and Matthew 7:2-5, teach us about judging correctly? When is it appropriate to judge others?
2. What does verses 5 – 8 teach us about how God expects us to respond to His Word?
3. Romans 2:9- 16 provide details of the consequence of rejecting God's salvation and rewards of receiving God's salvation? How can this help you to pursue godliness through sanctification?
4. How does Paul describe the purpose of the law in verses 15-16?
5. What does Paul teach us in verses 17 – 24 about having a legalistic mindset?
6. Can we keep the law perfectly? Explain your response. Read 1 John 1:8-10.

## Read/Application: Continues

7. What is Paul teaching us as believers about how we should live to honor God in verses 28-29?

8. What application for spiritual growth have you received from Romans 2?

# New Testament Discipleship Study

## Discipleship

## Romans 3

### OBJECTIVES OF THIS LESSON:

- To understand the weakness of the law and the power of God's grace.
- To understand Christ work in justifying us through His death
- To be challenged in our attitude about grace, it is a gift, not a license to sin.

**Memory Verse:** *Romans 3:4*, "May it never be! Rather, let God be found true, though every man *be found* a liar, as it is written, "That You may be justified in Your words, and prevail when You are judged."

**Read/Application:** Read Romans chapter 3 and answer the questions below, then apply what you have learned daily.

1. How does Paul describe the purpose of faith and one's state of unbelief in verses 1 - 4? Does one's unbelief change who God is?
2. Can a person's evil deed be seen as good? Explain.
3. How does verses 9 – 18 describe the state of sin in man's heart?

**Read/Application: Continues**

4. How does verses 21 – 30 describe the process of justification provided to those who trust in Christ?
5. What does Romans 3 teach you about God's love for you?

# New Testament Discipleship Study

## Discipleship

## Romans 4

### OBJECTIVES OF THIS LESSON:

- To see how the Old Testament believers demonstrated their faith in God
- To learn the difference between Christ righteousness and self-righteousness
- To understand the inheritance we are afforded through Christ

**Memory Verse:** *Romans 4:7-8, "Blessed are those whose lawless deeds have been forgiven, and whose sins have been covered. "Blessed is the man whose sin the Lord will not take into account."*

**Read/Application:** Read Romans chapter 4 and answer the questions below, then apply what you have learned daily.

1. In Romans 4:1-5, what was the reward for Abraham's faith?
2. What did circumcision have to do with faith as Paul explained in verses 6-12?
3. How does Paul explain the promise of our inheritance of righteousness in verse 13-18?
4. In verses 19-25, why does Paul describe Abraham's faith as unwavering even after being led to father a child by Hagar?
5. How does this chapter help you to understand the power of trusting God by faith?
6. How would you describe Paul's message of encouragement to the Body of Christ?



# New Testament Discipleship Study

## Discipleship

## Romans 5

### OBJECTIVES OF THIS LESSON:

- To understand the depth of love God has for us
- To encourage believers to cultivate an authentic love relationship with God
- To learn how to live in freedom from sin

**Memory Verse:** *Romans 5:1-2, "Therefore, having been justified by faith we have peace with God through our Lord Jesus Christ, through whom also we have obtained our introduction by faith into this grace in which we stand; and we exult in hope of the glory of God."*

**Read/Application:** Read Romans chapter 5 and answer the questions below, then apply what you have learned daily.

1. How does Paul describe the process of spiritual growth in verses 1-5?
2. How does Paul describe the foundation of our hope?
3. How does verses 6-9 describe the love God has for us and how does this help you understand the relationship God desires to have with you?

**Read/Application: Continues**

4. God supplies a second layer of love for us through His Son Christ described in verses 10-11, how does this inspire you to a deeper love relationship with God?
5. Read verses 12-15 and Leviticus 20, how does this help you in understanding the significance of why the Law was given to the children of Israel? What did God seek from the children of Israel that is still true for believers today?
6. In verses 15-21, how does Paul compare Adam's failure to Christ victory?
7. How does Romans chapter 5 ignite your faith in Christ?

# New Testament Discipleship Study

## Discipleship

## Romans 6

### OBJECTIVES OF THIS LESSON:

- To learn how to walk in the newness of life Christ gave us through His death.
- To learn how to live contently in the new life Christ has given us
- To understand that there is a cost in disobeying God.

**Memory Verse:** *Romans 6:15-16* “What then? Shall we sin because we are not under law but under grace? May it never be! Do you not know that when you present yourselves to someone as slaves for obedience, you are slaves of the one whom you obey, either of sin <sup>[1]</sup>resulting in death, or of obedience resulting in righteousness?”

**Read/Application:** Read Romans chapter 6 and answer the questions below, then apply what you have learned daily.

1. Romans chapter 6 is a continuation from chapter 5, since Christ has freed us from the bondage of the law explained in chapter 5, what should our response be to the freedom we now have in Christ?
2. How does Paul describe the newness of life that we have in Christ?
3. Paul instructs us in Romans 6:8-11, that we should be “dead to sin”, what does this look like in the life of a believer?
4. Read Romans 12 -14 and Galatians 5:22-23, how has God equipped us to overcome the power of sin and temptation?

# New Testament Discipleship Study

## Discipleship

## Romans 7

### OBJECTIVES OF THIS LESSON:

- To learn the purpose of the Holy Spirit to empower godly living.
- To understand the war that continues between the flesh and the spirit.
- To learn how the law helps us see our own weakness to sin.

**Memory Verse:** *Romans 7:4, "Therefore my brethren, you also were made to die to the Law through the body of Christ, so that you might be joined to another, to Him who was raised from the dead, in order that we might bear fruit for God."*

**Read/Application:** Read Romans chapter 7 and answer the questions below, then apply what you have learned daily.

1. Romans 7:1-3 provides a scenario of a married woman and the freedom one has in Christ from being under the law. What does this teach you?
2. Read verses 4-6 and explain what God expects from us once we have been born-again?
3. Read verses 7-8 and explain how the Law serves to help us grow in sanctification.

**Read/Application: Continues**

1. Read verses 10-13, what type of death does the believer experience because of the Law?
5. Read verses 14-20 and 1 Corinthians 10:13, explain the process by which temptation leads to sin and overtakes us. How has God provided for us the power to overcome sin.
6. In verses 21 – 25, Paul explains the principle of evil and its desire to overtake us through our fleshly desires, how can this principle of evil be defeated?

# New Testament Discipleship Study

## Discipleship

## Romans 8

### OBJECTIVES OF THIS LESSON:

- To understand how to live a bold life of faith in Christ
- To be empowered to live free from the sins of our past
- To embrace the victory that we have as born-again believers in Christ

**Memory Verse:** *Romans 8:1-2, "Therefore there is now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death."*

**Read/Application:** Read Romans chapter 8 and answer the questions below, then apply what you have learned daily.

1. Romans chapter 8 describes a beautiful picture of our new life in Christ, in the opening verses 1-4, how does Paul explain how the requirement of the Law was fulfilled?
2. In verses 5-8, Paul provides a description of how the flesh works to enslave us, what understanding do you glean from this?
3. In verses 9-11, Paul gives an explanation of what sets the believer apart from the unbeliever, what is this unique identifier that sets us apart?

## Read/Application: Continues

1. Verses 12 -17 gives us some very specific details about those who are authentic children of God, how are we now empowered to live differently?
2. Romans 8:25 describes the hope with which we look forward to our eternal glory, what is the anticipation of this hope and why is this important for us to grasp?
3. What does verses 26-27 teach you about the role of Holy Spirit in your prayer life?
7. In verses 28-30, we see a picture of God's sovereignty, read also Psalm 139:1-18. How does this bring comfort and helps you to trust God, knowing that He has the power to work all things out for good in your life?
9. Verses 31-34, makes a very bold statement about our assurance in Christ. Write what these Scriptures mean in your own words.
9. Read verses 1-4 and 28-30 again, then read verses 35-39. These Scriptures provides a very powerful commitment that God has made to us, write the commitment that God makes in these Scriptures as a personal message to you.



# New Testament Discipleship Study

## Discipleship

## Romans 9

### OBJECTIVES OF THIS LESSON:

- To understand how the promise God made to Abraham is extended to believers today through faith in Christ
- To understand that God sees true believers from the motives of their heart and not just by words or deed.
- To understand that God provides faith through Christ that does not disappoint.

**Memory Verse:** Romans 9:33, *“just as it is written, “Behold, I lay in Zion a stone of stumbling and a rock of offense, and he who believes in Him will not be disappointed.”*

**Read/Application: Read Romans chapter 9 and answer the questions below, then apply what you have learned daily.**

1. In Romans 9:1-5, Paul express words of sorrow over Israel. What was it that brought Paul to such a sorrowful state?
2. In Romans 9:14-18, God explains His prerogative in who He chooses to grant mercy too. How does this produce reverence and thanksgiving in the heart of the believer?
3. Verses 19-25 continues in expressing God’s sovereign authority to grant mercy to whomever He wills. Personalize your own response to the grace God has given you to know Him.
4. What can you glean from verses 31-33, that can help you to understand how faith works in the life of the believer?

# New Testament Discipleship Study

## Discipleship

## Romans 10

### OBJECTIVES OF THIS LESSON:

- To understand the building blocks of faith
- To understand the difference between self-righteousness and God's righteousness
- To understand the importance and power of God's Word in the life of the believer

**Memory Verse:** *Romans 10:14-15, "How then will they call on Him in whom they have not believed? How will they believe in Him whom they have not heard? And how will they hear without a preacher? How will they preach unless they are sent? Just as it is written, "HOW BEAUTIFUL ARE THE FEET OF THOSE WHO BRING GOOD NEWS OF GOOD THINGS!"*

**Read/Application:** Read Romans chapter 10 and answer the questions below, then apply what you have learned daily.

1. In verses 1-4 how did Paul explain what was wrong about the way this group of people practice righteousness?
2. In verses 8-11, how does Paul describe the process of coming to faith and why is this necessary?
3. In verses 14-15 how does Paul describe the keys to evangelism? Why should we share the message of the gospel with others?
4. Why is discipleship important in the life of a believer?
5. What does Romans chapter 10 teach us about the importance of faith and the study of God's Word?

# New Testament Discipleship Study

## Discipleship

## Romans 11

### OBJECTIVES OF THIS LESSON:

- To understand the relationship between Israel and Gentile believers
- To understand the depth of God's faithfulness to His people
- To learn how to correctly minister God's love and grace to others since we have been shown grace by Him

**Memory Verse:** *Romans 11:11, "I say then, they did not stumble so as to fall, did they? May it never be! But by their transgression salvation has come to the Gentiles, to make them jealous."*

**Read/Application:** Read Romans chapter 11 and answer the questions below, then apply what you have learned daily.

1. In verses 1-5, Paul describes God's faithfulness to Israel, how does this encourage you as a believer?
2. In verses 6-10, what does Paul teach us about the consequences of rejecting God's Word?

**Read/Application: Continues**

3. In verses 11-16, Paul explains how the hardness of Israel brought salvation to the Gentiles, what was God's purpose in using Israel in this way?
4. In verses 17-32, Paul warns the Gentiles of developing a conceited and arrogant spirit, how is this message important to us in how we treat the lost?
5. What can you glean from Romans chapter 11, about our attitude towards God's grace to us?

# New Testament Discipleship Study

## Discipleship

## Romans 12

### OBJECTIVES OF THIS LESSON:

- To learn that God has a standard for those who profess to be His children
- To learn the transforming power of God's Word
- To understand the difference between living holy and being perfect

**Memory Verse:** *Romans 12:1, "Therefore I urge you, brethren, by the mercies of God, to present your bodies a living and holy sacrifice, acceptable to God, which is your spiritual service of worship."*

**Read/Application: Read Romans chapter 12 and answer the questions below, then apply what you have learned daily.**

1. Paul opens this chapter with a call to fellow Christians to live holy. Define holiness and perfection and explain how these two terms differ from one another?
2. In verse 3 we are instructed as followers of Christ to not be conformed to this world, but to allow God's Word to renew and transform our mind. Read Leviticus 20:22-23 and explain why are we to live different than those in the world?
3. According to verse 3, Paul warns us not to think more highly of ourselves than we out to think. Why do you think Paul made this specific warning to us?

### **Read/Application: Continues**

4. In verses 4-8, we are instructed in how to be good stewards of the gifts of other believers, why is this important in building a Christ-centered church?
  
  
  
  
  
  
  
  
  
  
5. Compare verses 9-21 to 1 Corinthians 13:4-8 and Galatians 5:22-23, make a list of the specific traits that reflect the Biblical description of a born-again believer. What do these Scriptures teach you about how God expects us to live and conduct ourselves?
  
  
  
  
  
  
  
  
  
  
6. How do we apply what God has provided for us through the Holy Spirit to live as the Scriptures above describe?

# New Testament Discipleship Study

## Discipleship

## Romans 13

### OBJECTIVES OF THIS LESSON:

- To learn how to properly respond to those in authority
- To understand the importance of our conduct as followers of Christ
- To understand the responsibility, we have to be a light to the world

**Memory Verse:** *Romans 13:8, "Owe nothing to anyone except to love one another; for he who loves his neighbor has fulfilled the law."*

**Read/Application:** Read Romans chapter 13 and answer the questions below, then apply what you have learned daily.

1. Verses 1-6 are instructions to believers in how to respond to those in authority, why are these instructions important to us as believers?
2. In verses 8-10, we are instructed again about our responsibility to love one another, what does our ability to love others reflect about our relationship with God? Read 1 John 4: 7-14.
3. Our ability to love others as God has loved us is a defining characteristic of a born-again believer. What does this mean to you as a believer?



**Read/Application: Continues**

4. In verses 11-13, Paul gives us an explanation of why the manner in which we live is important. How does this challenge you as a believer?
5. Write a summary of Romans 12-13 in your own words about the kind of person God through Christ and the empowerment of the Holy Spirit expects you to become.

# New Testament Discipleship Study

## Discipleship

## Romans 14

### OBJECTIVES OF THIS LESSON:

- To understand the Biblical principles of Christian living
- To learn how to show compassion to others as they grow in their faith
- To learn to become sensitive to the things that may cause others to stumble

**Memory Verse:** *Romans 14:11, “For it is written, “As I live, says the Lord, every knee shall bow to Me, and every tongue shall give praise to God.”*

**Read/Application:** Read Romans chapter 14 and answer the questions below, then apply what you have learned daily.

1. In verses 1-4, Paul teaches us the proper way to relate to those who have convictions that may be different from ours. What do these Scriptures teach you about respecting the convictions of others?
2. In verses 5-9, Paul teaches us the proper way to relate to those with different convictions regarding traditions and holidays. What do these Scriptures teach you about respecting how other people celebrate their personal traditions?
3. In verses 10-13, Paul teaches us the principles of judging others, what do you learn in these verses that prepares you to properly judge others? Read Matthew 7:1-4 for additional instructions.

**Read/Application: Continues**

4. In verses 14-21, Paul teaches us the proper way of relating to convictions of eating food. What do you learn about how to relate to the conviction others may have about various eating habits or restrictions?
5. Paul ends this chapter by providing an understanding in verses 22-23 of how to relate to the convictions of others. Summarize these verses in your own words.

# New Testament Discipleship Study

## Discipleship

## Romans 15

### OBJECTIVES OF THIS LESSON:

- To understand how we are to dwell together as followers of Christ
- To learn to follow Christ example as our Shepherd in ministering to others
- To be challenged to put others first and depend on God to care and provide for our needs

**Memory Verse:** *Romans 15:1-3, "Now we who are strong ought to bear the weaknesses of those without strength and not just please ourselves. Each of us is to please his neighbor for his good, to his edification. For even Christ did not please Himself; but as it is written, "The reproaches of those who reproached You fell on Me."*

**Read/Application:** Read Romans chapter 15 and answer the questions below, then apply what you have learned daily.

1. In verses 1-3, Paul teaches us to bear with one another. List in your own words how you as a believer are to respond to those new or "weak" in the faith?
2. In verses 4-6 Paul provides the purpose of the Scriptures, what is the purpose and how does this give you hope?
3. In verses 7-11, Paul instructs us about treating everyone without partiality, what message does this send to those outside of the church?
4. In verses 12-13, Paul describes how our faith should produce joy and hope. How is this attitude shaped in the life of a believer?

# New Testament Discipleship Study

## Discipleship

## Romans 16

### OBJECTIVES OF THIS LESSON:

- To understand the importance of working well together
- To encourage a grateful attitude for those God has sent to minister to us
- To encourage love and unity in the Body of Christ

**Memory Verse:** *Romans 16:25-27, "Now to Him who is able to establish you according to my gospel and the preaching of Jesus Christ, according to the revelation of the mystery which has been kept secret for long ages past, but now is manifested, and by the Scriptures of the prophets, according to the commandment of the eternal God, has been made known to all the nations, leading to obedience of faith; to the only wise God, through Jesus Christ, be the glory forever. Amen."*

**Read/Application: Read Romans chapter 16 and answer the questions below, then apply what you have learned daily.**

1. In this final chapter of Romans, Paul opens with a commendation to Phoebe, a fellow sister in Christ encouraging believers to help her as she has helped him and others.
  - A. List the key details that Paul remembered about Phoebe.
  - B. Why is it important for believers to be helpful to one another?
2. In verses 3-16, Paul went further in remembering others who ministered to him and aided him in his ministry. Why do you believe that Paul took the time to mention his fellow laborers in the Lord?

## **Read/Application: Continues**

3. What happens when we do not embrace the help God provides to us to assist us in our lives? How does pride disguise itself in this situation?

4. Christ also had a group of men who assisted him in ministry, who had different skills, and were from different backgrounds. He was able to help them each see their purpose and role in the ministry and went on to do amazing things for the church. What does this tell you about Christ's role as a leader? How does this teach you?

5. In verses 17-21, Paul warns the believers to be on the alert for those who cause dissension within the body. Why was this important then and is it still important now? Explain.

# New Testament Discipleship Study

## Discipleship

### 1 John 1

#### OBJECTIVES OF THIS LESSON:

- To understand what the life of a true believer should look like
- To learn the blessing of God's forgiveness in the life of the believer
- To understand how sin should be dealt with in the life of a believer

**Memory Verse:** *1 John 1:8-9, "If we say that we have no sin, we are deceiving ourselves and the truth is not in us. If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness."*

**Read/Application:** Read 1 John 1 and answer the questions below, then apply what you have learned daily.

1. Who was John referring to in verse 1 of 1 John?
2. In verse 2, why is knowing the word of God important?
3. According to verse 3 of 1 John, what is the evidence of a person who is a true follower of Christ?
4. Can a person live a life of doing bad things and have a relationship with Christ? What does this say to you?
5. Does everyone sin? What are we supposed to do when we sin?
6. How does Christ deal with a Christian who falls to sin?

# New Testament Discipleship Study

## Discipleship

### 1 John 2

#### OBJECTIVES OF THIS LESSON:

- To understand the responsibility of our confession of faith
- To learn the importance of living according to God's Word and developing a Biblical worldview
- To learn the promises God had provided for us through Christ
- To learn how to know and love God

**Memory Verse:** *1 John 2:3-6, "By this we know that we have come to know Him, if we keep His commandments. The one who says, "I have come to know Him," and does not keep His commandments, is a liar, and the truth is not in him; but whoever keeps His word, in him the love of God has truly been perfected. By this we know that we are in Him: the one who says he abides in Him ought himself to walk in the same manner as He walked."*

**Read/Application:** Read 1 John 2 and answer the questions below, then apply what you have learned daily.

1. As you read verses 1-2, how do these Scriptures encourage you as a believer?
2. What does verses 1-2 teach you about God's character?
3. In verses 3 – 6, John makes a very different statement about how we should live as believers. How can these Scriptures be reconciled for believers?



## Read/Application: Continues

2. In verses 7-11, we are given a clear picture of how Christians should relate to God and to others. What are the key principles stated in these Scriptures?
3. Verses 12-14, instructs us in how we come to know God. Explain this process in your own words.
4. Verses 15 – 17 commands us not to “love the world” or the “things of the world”. What are those “things” that causes people to be lovers of the world instead of lovers of God?
5. Verses 18-19 instructs us in how to tell those who are truly of the faith. What does this teach you about the commitment God expects of us?
6. Verses 20-24 instructs us in how to identify false teachers and fake Christians. What are some things you should look for when listening to Bible teachers or attending different churches to avoid being led astray?
7. Verses 25 – 29 gives us details about how we are equipped in Christ. How has Christ anointed us? How does this help you in maintaining a fervent and consistent life of faith?

# New Testament Discipleship Study

## Discipleship

### 1 John 3

#### OBJECTIVES OF THIS LESSON:

- To understand the depth of God's love for us
- To learn the difference between our weakness to sin and the practice of sin
- To understand our responsibility to love others as God has loved us
- To learn the true character of a born-again believer

**Memory Verse:** 1 John 3, "See how great a love the Father has bestowed on us, that we would be called children of God; and such we are. For this reason the world does not know us, because it did not know Him."

**Read/Application:** Read Romans chapter 1 John 3 and answer the questions below, then apply what you have learned daily.

1. How does verses 1-3 help you to see the value God places on your life?

2. Verses 4 -10 provide a comparison of those who are of Christ and those who are not. Make a list of those comparisons and share how does this helps you in keeping the course of faith?

In Christ	In the World

## Read/Application: Continues

4. Compare verses 11-18, to 1 Corinthians 13:4-8 and Galatians 5:22-23, how does this aid you in developing the kind of love God expects of us as followers of Christ?

1 John 3:11-18	1 Corinthians 13:4-8	Galatians 5:22-23

4. Verses 19 -21 helps us in understanding how we can have peace with God and keep ourselves from living with guilt and shame. What is the antidote that John gives us?

5. What type of things would our heart condemn of? Also read Galatians 5:19-21. How is this helpful in examining ourselves?


6. In verses 23-24, John instructs us in how we are empowered to abide in God's Word and follow His commands. How is this possible?

# New Testament Discipleship Study

## Discipleship

## 1 John 4

### OBJECTIVES OF THIS LESSON:

- To understand the Biblical evidence of someone who is born-again
- To understand the power and purpose of the Holy Spirit in our lives
- To learn to discern error in those who teach the Word and avoid them
- To learn how to relate to other brothers and sisters in Christ

**Memory Verse:** 1 John 4:1-2, *“Beloved, do not believe every spirit, but test the spirits to see whether they are from God, because many false prophets have gone out into the world. By this you know the Spirit of God: every spirit that confesses that Jesus Christ has come in the flesh is from God;”*

**Read/Application:** Read 1 John 4 and answer the questions below, then apply what you have learned daily.

1. John instructs us in verses 1-3, to test every Spirit and explains why this is necessary, how will this help you in discerning what Bible teachers or pastors to avoid?
2. John teaches us more principles of discernment in verses 5 and 6, teaching us about the power of the Holy Spirit that lives within our hearts. Explain these principles in your own words
3. Verses 7 – 12, teach us again about our responsibility to love others. How does this strengthen your understanding of the kind of love followers of Christ are to have?

## Read/Application: Continues

4. Verses 13-16 explains how the Holy Spirit works in the life of the believer?  
How can these verses help you to understand the attributes of someone who has really been born-again? Also read, John 3 for a deeper understanding.
5. How does 1 John 4 describe the evidence of God's love in a person who has been born again? List the key traits that he describes.

# New Testament Discipleship Study

## Discipleship

## 1 John 5

### OBJECTIVES OF THIS LESSON:

- To learn the process of being born again
- To learn the importance of obeying God's Word in the life of a follower of Christ
- To understand the power and purpose of the Holy Spirit
- To learn the power of God's love in the life of a follower of Christ

**Memory Verse:** *1 John 5:5-7, "Who is the one who overcomes the world, but he who believes that Jesus is the Son of God? This is the One who came by water and blood, Jesus Christ; not with the water only, but with the water and with the blood. It is the Spirit who testifies, because the Spirit is the truth."*

**Read/Application:** Read 1 John 5 and answer the questions below, then apply what you have learned daily.

1. In verses 1-4, John describes the principles of the relationship between loving God, loving others and keeping His commandments. How would you summarize these principles.
2. Verses 4-13, is a powerful description of the three persons of the Trinity, (Father, Son and Holy Spirit), and how we are empowered through our faith in Christ. How does this inspire, encourage or challenge you?
3. Read Hebrews 4:12-16, how does this help you in understanding verses 14-15, regarding the boldness and confidence we should have in Christ?
- 4.

## **Read/Application: Continues**

4. Read Matthew 12:31-32 and verses 16-17, what do you believe from these Scriptures is the sin that leads to death? Go to [www.enduringword.com](http://www.enduringword.com) for commentary on these Scriptures if you need to learn a deeper understanding.
  
5. In verses 18 – 21, John describes how our faith in Christ works in the life of the believer to keep us from sinning. Read John 1:9, Romans 6:1-3, 1 John 3:6-9. How do these Scriptures help you to understand the verses in 1 John 5:18-20
  
6. This chapter ends with a warning to “guard ourselves from idols”. How would you explain how an idol can negatively impact what John has taught us in this chapter?

# New Testament Discipleship Study

## Discipleship

## 2 John 1

### OBJECTIVES OF THIS LESSON:

- To challenge you to demonstrate agape love to all without partiality
- To learn to appreciate the gifts of fellow brothers and sisters in the Body of Christ
- To watch out for false teachers who does not abide in God's Word and avoid them.

**Memory Verse:** 2 John 9 *"Anyone who goes too far and does not remain in the teaching of Christ, does not have God; the one who remains in the teaching has both the Father and the Son."*

**Read/Application:** Read 2 John 1 and answer the questions below, then apply what you have learned daily.

1. What were the characteristics about the elder lady that inspired John?
2. What is the show of a person's true love for God that is mentioned in 2 John 5-6?
3. According to verse 3 of 2 John, what is the evidence of a person who is a true follower of Christ?



### **Read/Application: Continues**

5. What are the marks of a false teacher or one who is teaching in error?
  
  
  
  
  
  
  
  
  
  
6. How should we respond to those who teach in error?
  
  
  
  
  
  
  
  
  
  
7. Provide a summary of 2 John. What specific instructions does this book give to you in your personal relationship with Christ and your walk of faith?

# New Testament Discipleship Study

## Discipleship

### 3 John 1

#### OBJECTIVES OF THIS LESSON:

- To understand the importance of a consistent commitment to walk in God's truth
- To learn how to deal with those who stray from the truth

**Memory Verse:** *3 John 4 "I have no greater joy than this, to hear of my children walking in the truth"*

**Read/Application:** Read 3 John 1 and answer the questions below, then apply what you have learned daily.

1. Who did John write this letter to? Take time to research information on this person and what other Biblical scholars and historians have written about him.
2. Why should we give to the work of the ministry?
3. What is the difference in how Diotrephes and Demetrius responded to the Gospel? How does this help you understand your role as a believer?
4. Provide a summary of 3 John.

# New Testament Discipleship Study

## Discipleship

## Galatians 1

### OBJECTIVES OF THIS LESSON:

- To understand the importance of knowing God's Word
- To learn discernment in choosing sound Biblical teachers
- To develop faith in standing firm in the calling of God

**Memory Verse:** *Galatians 1:6-7, "I am amazed that you are so quickly deserting Him who called you by the grace of Christ, for a different gospel; which is really not another; only there are some who are disturbing you and want to distort the gospel of Christ. "*

**Read/Application: Read Galatians 1 and answer the questions below, then apply what you have learned daily.**

1. What was Paul's concern about the believers in Galatia?
2. List those who Paul mentions in Galatians 1:6-9, who may try and distort God's Word?


3. What does Paul instruct believers to do? Why is this important?
4. From verse 11 and John chapter 1, what key truths do these Scriptures teach us about the Word the God?

## Read/Application: Continues

5. In verses 13-17, what do you learn about God's calling on a person's life? How does this encourage you?
6. In verses 18-24, what does Paul teach us about the transforming power of God's Word?

# New Testament Discipleship Study

## Discipleship

## Galatians 2

### OBJECTIVES OF THIS LESSON:

- To learn how to stand firm in the midst of an adversary
- To learn how to approach those in authority in a Christ-like manner
- To learn how to live a life of steadfast faith even in the midst of opposition

**Memory Verse:** *Galatians 2:20, "I have been crucified with Christ; and it is no longer I who live, but Christ lives in me; and <sup>[1]</sup>the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself up for me."*

**Read/Application: Read Galatians 2 and answer the questions below, then apply what you have learned daily.**

1. In verses 1-4, why does Paul say, that he was sent to Jerusalem? How did he respond and what does that teach you about being confronted about the Gospel?
2. In verses 5-10, Paul shares the mission of his work verses the work of Peter, how did their work differ and why is it important to know the mission and purpose God has for you to fulfill?
3. In verses 11 -14, what was the hypocrisy that Paul confronted Peter about? What can you learn from Paul's actions toward Peter?

## **Read/Application: Continues**

4. In verse 15 - 16, what does Paul teach you about the principles of faith?
  
  
  
  
  
  
  
  
  
  
5. What do verses 17-19, 21 teach us about the purpose of the law?
  
  
  
  
  
  
  
  
  
  
6. Verse 20 teaches us four principles about our faith in Christ, list them and explain how each principle should empower us to live boldly for Christ.

# New Testament Discipleship Study

## Discipleship

## Galatians 3

### OBJECTIVES OF THIS LESSON:

- To understand the purpose of the law and limitations of the law
- To understand the intent of the law
- To understand the power of the faith we have in Christ

**Memory Verse:** *Galatians 3:19, "Why the Law then? It was added because of transgressions, having been ordained through angels by the agency of a mediator, until the seed would come to whom the promise had been made."*

**Read/Application:** Read Galatians 3 and answer the questions below, then apply what you have learned daily.

1. In verses 1-5, why did Paul call the Galatians foolish? What does that teach you about the importance of studying God's Word?

2. Explain from these Scriptures how Christ and the Spirit differs from works and the law?

3. From verses 6 – 9, explain what three things these Scriptures teach us about faith:

1. \_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_

3. \_\_\_\_\_  
\_\_\_\_\_

4. In verse 10, why does Paul describe those who still attempt to live by the law as cursed?

## **Read/Application: Continues**

5. In verses 11-14, Paul describes how the believer is justified in Christ and not by trying to live out the commands given under the law. How would you put this in your own words?
6. In verses 15 -18, Paul explains how our lives through faith are united to the promises God made to Abraham. What is your understanding of how God has made us united through Abraham's promises?
7. In verses 19-22, how does Paul describe the purpose of the law and our need for a Savior?
8. In verses 23-26, what does Paul teach us about God's purpose for bringing forth the law?
9. In verses 27 through 29, what principles do we learn about faith and the promises God made to Abraham?



# New Testament Discipleship Study

## Discipleship

## Galatians 4

### OBJECTIVES OF THIS LESSON:

- To understand the beautiful inheritance, we have in Christ
- To be challenged to grow in spiritual maturity
- To understand the freedom we have been given in Christ

**Memory Verse:** Galatians 4:4, “But when the fullness of the time came, God sent forth His Son, born of a woman, born under the Law, so that He might redeem those who were under <sup>the</sup> Law, that we might receive the adoption as sons.”

### Read/Application: Read Galatians 4 and answer the following questions.

1. 2 Corinthians 5:17, explains that when we accept Christ by faith, we become a new creation, Galatians 4:1-7 adds a deeper understanding of the new life we have in Christ. Using 2 Corinthians 5:17 and verses 1-7, describe the rewards of our new life in Christ.
2. What warnings do Paul give us in verses 8-11 about our new life in Christ?
3. In verses 12-17, Paul described how the Galatians embraced him and the teachings of Christ, but something happened that caused them to draw back from what he had taught them. Why did the Galatians begin to turn away from Paul? How does this warn you about the teachers you may follow today?

## **Read/Application: Continues**

4. In verses 21-23, Paul describes two women who reflect a picture of the work of Christ, who are these two women and how do they represent the freedom Christ brings those of the faith?
  
  
  
  
  
  
  
  
  
  
5. Verse 24-31 describes the spiritual state of these two women symbolically, how is Paul using these women to describe our lives as believers?

# New Testament Discipleship Study

## Discipleship

## Galatians 5

### OBJECTIVES OF THIS LESSON:

- To understand the spiritual freedom, we have in Christ
- To learn the difference between walking in the flesh and walking in the Spirit
- To learn how the Holy Spirit empowers us to live in obedience to God

**Memory Verse:** *Galatians 5:1*, "It was for freedom that Christ set us free; therefore keep standing firm and do not be subject again to a yoke of slavery."

### Read/Application: Read Galatians 5 and answer the following questions.

1. When Paul states that it is for "freedom" Christ has set us free in verse one, what type of freedoms was he speaking of?
2. In verses 2-6, what practice were the people turning to that Christ ended at the cross? What was the problem Paul described in returning to this practice?
3. In verses 7 -12, Paul described the believers at Galatia as "running well" in their faith, what happened that hindered them from running well in the faith? What does this teach you about the teachers you listen to and how can you tell that your faith is being hindered?
4. Paul describes the fulness of the law in verses 13 -15, how is the law fulfilled in the life of the believer?

## Read/Application: Continues

5. Galatians 16-25 provides a description of what our lives will look like when we walk according to the leading of the Holy Spirit in contrast to being led by the desires of our flesh. Use the table below to contrast walking in the Spirit verses walking in the flesh.

Characteristics of walking in the Spirit	Characteristics of walking in the flesh

# New Testament Discipleship Study

## Discipleship

## Galatians 6

### OBJECTIVES OF THIS LESSON:

- To understand the importance of doing good deeds
- To learn the principles of sowing and reaping either good or bad consequences from our actions
- To learn how to minister to other brothers and sisters in Christ who have fallen away

**Memory Verse:** *Galatians 6:7-9*, "Do not be deceived, God is not mocked; for whatever a man sows, this he will also reap. For the one who sows to his own flesh will from the flesh reap corruption, but the one who sows to the Spirit will from the Spirit reap eternal life. <sup>9</sup> Let us not lose heart in doing good, for in due time we will reap if we do not grow weary."

### Read/Application: Read Galatians 6 and answer the following questions.

1. In verses 1-5, Paul describes the spiritual condition, attitude and the caution one should take when confronting believers who have fallen into sin and in supporting each other in difficult times.

A. Spiritual condition: \_\_\_\_\_

\_\_\_\_\_

B. Attitude: \_\_\_\_\_

\_\_\_\_\_

C. Caution: \_\_\_\_\_

\_\_\_\_\_

2. In verses 7 -8, Paul gives us instructions on the law of sowing and reaping, what does this mean in both a personal sense and a spiritual sense?

## Read/Application: Continues

3. In verses 9-10, Paul encourages believers in the work of doing good; he also encourages us to not lose hope in doing good.
  - A. What would make a believer lose hope in doing what is good?
  - B. How does this relate to the principle of sowing and reaping.
  - C. How does God reward those who seek to do good by obeying His Word?
4. In verses 11-16, Paul teaches us that we should never do good in order to appease man. What insights does Paul provide in helping keep our focus on Christ instead of pleasing man?
5. In verse 17, Paul states that he bears the brand-marks of Christ and this should give his troublemakers pause when dealing with him.
  - A. Define the term brand-mark.
  - B. What would be considered as brand-marks of a believer? Use available resources online to answer these questions. [www.enduringword.com](http://www.enduringword.com).

# New Testament Discipleship Study

## Discipleship

## Ephesians 1

### OBJECTIVES OF THIS LESSON:

- To understand the love that God has for those who are in Christ
- To learn the importance of developing a consistent habit of praying for other believers
- To be encouraged of the hope, power and rich inheritance believers have in Christ

**Memory Verse:** *Ephesians 1:3-6, "Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ, just as He chose us in Him before the foundation of the world, that we would be holy and blameless before Him. In love He predestined us to adoption as sons through Jesus Christ to Himself, according to the kind intention of His will, to the praise of the glory of His grace, which He freely bestowed on us in the Beloved."*

### Read/Application: Read Ephesians 1 and answer the following questions.

The Book of Ephesians is one of the most beautiful pictures of God's love for us. Like all the books of the Bible, it is an astounding piece of God's love letter to us.

1. Ephesians 1:3-6 gives a very vivid description of God's love for us. It provides some very descriptive details about our new lives in Christ, make a list of how God sees those who have been redeemed by Christ. Make this list a personal note to you.

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## Read/Application: Continues

2. Verses 7-14, provides descriptive, but not exhaustive, details of the benefits that the believer has in Him, meaning, in Christ. List those benefits mentioned in each of the verses.

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_
4. \_\_\_\_\_  
\_\_\_\_\_
5. \_\_\_\_\_  
\_\_\_\_\_
6. \_\_\_\_\_  
\_\_\_\_\_
7. \_\_\_\_\_  
\_\_\_\_\_
8. \_\_\_\_\_  
\_\_\_\_\_

3. Paul was so encouraged by the attitude of the body of believers at Galatia, in verses 15-17, what example does this church provide in how we should conduct ourselves and how can you apply this in dealing with your sisters and brothers in Christ?
4. Paul prayed for the Galatian believers in verses 18-19a, how should the proceeding verses in this chapter inspire hope for these believers and for you?
5. Paul ends this chapter in verses 19b -22, with a clear picture of how Christ seals our hope and the confidence we can have in Him. What do these Scriptures teach us about how Christ empowers us through faith?



# New Testament Discipleship Study

## Discipleship

## Ephesians 2

### OBJECTIVES OF THIS LESSON:

- To learn why we should not behave arrogantly toward those who are lost
- To learn that our faith is a gift of grace from God
- To understand the importance of having an attitude of gratitude toward Christ

**Memory Verse:** *Ephesians 2:8-10, "For by grace you have been saved through faith; and that not of yourselves, it is the gift of God; not as a result of works, so that no one may boast. For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand so that we would walk in them."*

### Read/Application: Read Ephesians 2 and answer the following questions.

1. Ephesians 2 is another beautiful before and after picture of the life we lived before Christ and the new life we now have in Christ. The entire chapter describes the powerful transforming work of Christ through the cross. Use the chart below to contrast the before and after life of the believer, then summarize how this fortifies your faith.

Before		After	

## Read/Application: Continues

2. Verses 8-10 describes the gift and purpose of Christ work of salvation. List the truths these verses teach us about Christ work of salvation.

[illegible]

3. Summarize the takeaways you glean from this chapter that can be a blueprint in your understanding of faith, salvation and the purpose God has for each believer.

This image shows a single sheet of white paper with horizontal blue or grey ruling lines, typical of notebook paper. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.

# New Testament Discipleship Study

## Discipleship

## Ephesians 3

### OBJECTIVES OF THIS LESSON:

- To understand the revelation of Christ revealed through the Scriptures
- To understand the unfathomable riches of Christ given through faith
- To learn how to be a vessel of God to manifest His power through us

**Memory Verse:** *Ephesians 3:20-21, "Now to Him who is able to do far more abundantly beyond all that we ask or think, according to the power that works within us, to Him be the glory in the church and in Christ Jesus to all generations forever and ever. Amen."*

### Read/Application: Read Ephesians 3 and answer the following questions.

1. In verses 1-2, Paul uses various terms to describe his state of being in Christ and the manner in which he was empowered to minister to the believers at Galatia. How would you explain the following phrases:

A. Prisoner of Christ:

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B. The sake of you Gentiles:

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C. Stewardship of God's grace

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## Read/Application:

2. What does Paul reveal about the mystery of the Gospel that he made known to the believers in Galatia?
  
  
  
  
  
  
  
  
  
  
3. What was Paul's mission to the Gentile believers in Galatia that he shared in verses 8 – 10?
  
  
  
  
  
  
  
  
  
  
4. How does our faith in Christ empower us to speak His Gospel to unbelievers? (Verses 11 - 13)
  
  
  
  
  
  
  
  
  
  
5. List the benefits of faith Paul emphasizes in verses 14-19.
  - A. \_\_\_\_\_
  - B. \_\_\_\_\_
  - C. \_\_\_\_\_
  - D. \_\_\_\_\_
  - E. \_\_\_\_\_
  - F. \_\_\_\_\_
  - G. \_\_\_\_\_
  - H. \_\_\_\_\_
  
  
  
  
  
  
  
6. In the ending verses 20-21, Paul describes how the believer can experience God's power in their lives. How is this accomplished?

# New Testament Discipleship Study

## Discipleship

## Ephesians 4

### OBJECTIVES OF THIS LESSON:

- To understand the power of Christ resurrection.
- To learn the purpose and plan God has for the Body of Christ
- To learn the importance of the roles ordained for the church body

**Memory Verse:** *Ephesians 4:1-3, "Therefore I, the prisoner of the Lord, implore you to walk in a manner worthy of the calling with which you have been called, with all humility and gentleness, with patience, showing tolerance for one another in love, being diligent to preserve the unity of the Spirit in the bond of peace.."*

### Read/Application: Read Ephesians 4 and answer the following questions.

1. In verses 1-3, Paul opens up the chapter by instructing believers how they should walk (live) in their calling as followers of Christ. List the qualities that reflect the substance of one's true profession of faith.

- A. \_\_\_\_\_
- B. \_\_\_\_\_
- C. \_\_\_\_\_
- D. \_\_\_\_\_
- E. \_\_\_\_\_
- F. \_\_\_\_\_

2. Paul describes the oneness of our faith in Christ. He lists the ways in which we should be united in Christ-centered principles in verses 4-6. List those below:

- A. \_\_\_\_\_
- B. \_\_\_\_\_
- C. \_\_\_\_\_
- D. \_\_\_\_\_
- E. \_\_\_\_\_
- F. \_\_\_\_\_
- G. \_\_\_\_\_

## Read/Application: Continues

3. Paul provides a testimony of how Christ death provided grace to the believer. What do you learn about the power of Christ death and resurrection in these verses?
4. Paul list certain offices or roles Christ instituted in the Body of Christ in verses 11-13. What are those roles and what is their purpose?
5. Paul provides a contrast between those who are immature in the faith and those who are displaying spiritual maturity. Fill out the chart below to help you understand these differences.

Behaviors of immature believers	Behaviors of mature believers

6. List how Paul contrasts the difference of unbelievers (Gentiles) and believers.

Unbelievers		Believers	

7. Paul gives instructions to all of us who profess Christ and the actions we should and should not do as examples to non-believers. List them and pray that God will help you in renewing your mind how you conduct yourself as a follower of Christ.

Do Not's		Do's

# New Testament Discipleship Study

## Discipleship

## Ephesians 5

### OBJECTIVES OF THIS LESSON:

- To learn how we are to conduct ourselves as followers of Christ
- To learn the Biblical standards that God has given us in being His ambassadors
- To learn what the Biblical model of marriage looks like

**Memory Verse:** Ephesians 5:24-27, *“But as the church is subject to Christ, so also the wives ought to be to their husbands in everything. Husbands, love your wives, just as Christ also loved the church and gave Himself up for her, so that He might sanctify her, having cleansed her by the washing of water with the word, that He might present to Himself the church in all her glory, having no spot or wrinkle or any such thing; but that she would be holy and blameless.”*

### Read/Application: Read Ephesians 5 and answer the following questions.

1. Paul opens chapter five with a very clear directive, to “be imitators of God...” in verses 1- 2 and instructs us as to how we should reflect Christ in our daily lives, from these verses answer the following:

A. Define the word imitator.

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- B. Read 1 Corinthians 13:4-8 and list the characteristics of love that should be reflective of our lives as believers.


- C. Since these verses describe what Biblical love should look like in the believer what does this imply for your personal relationship with Christ?

## Read/Application: Continues

2. In verses 3-12, what warnings do Paul give believers at Ephesus and believers today, about the conduct of their lives and what is the consequence that await those who do not heed these warnings?

### Warnings:


### Consequences:


3. What does verses 13-14 teach you about the importance of exposing the deeds of darkness?
4. In verses 15-21, Paul explains how the believers at Ephesus and we who are believers today can walk carefully amid evil and darkness. List these ways:


## Part II – Christ and the Church

5. In verses 22-32, Paul describes a picture of what Biblical marriage should look like. What is the first key element of a Biblical marriage?
6. What is the reason that God gave Paul to instruct wives to be submissive to their “own husbands in everything”?



## Read/Application: Continues

7. What is the command that God has given to husbands in the Biblical design for marriage? Use 1 Corinthians 13:4-8 to help you in answering this question.
8. How does Paul compare the love of a husband to his wife, to the love Christ has shown to His church in verses 25-33?

Christ	Husbands

9. In verses 31-33, how does Paul explain the Biblical role and responsibility of a husband? What does these Scriptures teach you about God's expectation of the spiritual maturity of men in the Body of Christ?

# New Testament Discipleship Study

## Discipleship

## Ephesians 6

### OBJECTIVES OF THIS LESSON:

- To learn how to conduct ourselves in our relationships with others
- To learn how Christ has empowered us to stand against the wiles of the devil
- To understand the supernatural power God has given us in Christ
- To encourage us to develop a fervent life of prayer

**Memory Verse:** *Ephesians 6:10-13," Finally, be strong in the Lord and in the strength of His might. Put on the full armor of God, so that you will be able to stand firm against the schemes of the devil. For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the heavenly places.*

### Read/Application: Read Ephesians 6 and answer the following questions.

1. In verses 1-9, Paul describes how we should conduct ourselves in key relationships that we may encounter throughout our lives. List how the Bible instructs us to interact in each relationship:

A. Child/Parent: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

B. Parent/Child \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

C. Employee/Employer \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

D. Employer/Employee \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### **Read/Application: Continues**

2. In verses 10-13, Paul teaches us to “put on the full armor of God...” Why is it important to be fully prepared to confront the works of the devil? List the various levels of darkness described in these verses.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- A. \_\_\_\_\_  
B. \_\_\_\_\_  
C. \_\_\_\_\_  
D. \_\_\_\_\_

3. List the elements of the armor we have to battle spiritual warfare described in verses 14-20:

- A. \_\_\_\_\_  
B. \_\_\_\_\_  
C. \_\_\_\_\_  
D. \_\_\_\_\_  
E. \_\_\_\_\_  
F. \_\_\_\_\_  
G. \_\_\_\_\_

4. Why is prayer an important part of the spiritual armor God has given us?



# New Testament Discipleship Study

## Discipleship

## Philippians 1

### OBJECTIVES OF THIS LESSON:

- To be challenged to grow in the knowledge of God's Word
- To understand the purpose in being thankful
- To encourage a regular habit of reading and studying God's Word

Memory Verse – *Philippians 1:6* “For I am confident of this very thing, that He who began a good work in you will perfect it until the day of Christ Jesus.”

**Read/Application: Read Philippians 1 and answer the following questions.**

1. Who wrote Philippians?
2. Who was this letter written to?
3. List 4 things that Philippians teach you about God.
4. What character traits do we learn in chapter 1 of Philippians?
5. After reading chapter one of Philippians answer the following questions:
  - A. Do you believe that the Word of God should direct your life?
  - B. Do you study God's Word regularly?
  - C. Do you believe that there are consequences to not obeying God's Word?

# New Testament Discipleship Study

## Discipleship

## Philippians 2

### OBJECTIVES OF THIS LESSON:

- To be challenged to grow in the knowledge of God's Word
- To understand how to represent Christ and live as an example to those around you
- To encourage the continual development of spiritual maturity

**Memory Verse** – Philippians 2:5, "Have this attitude in yourselves which is also in Christ Jesus."

**Read/Application: Read Philippians 2 and answer the following questions.**

1. In verses 1-2 what explanation does Paul give for why we should strive to uphold the character of Christ in our daily lives?
2. In verses 5 -13, how does Paul describe the attitude or mindset we should have as followers of Christ?
3. List 4 things that Philippians teach you about God.
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
  - d. \_\_\_\_\_

**Read/Application continues:**

1. List 5 instructions Paul gives us in how you should live from your reading of Philippians chapter 2.

a. \_\_\_\_\_

b. \_\_\_\_\_

c. \_\_\_\_\_

d. \_\_\_\_\_

e. \_\_\_\_\_

2. How do you respond to God's Word in chapter 2 of Philippians? Explain your answers.

a. Do you care about listening?

b. Is it valuable?

c. Do you believe that there are consequences to not listening?

# New Testament Discipleship Study

## Discipleship

## Philippians 3

### OBJECTIVES OF THIS LESSON:

- To challenge believers to appreciate God's invitation to eternal salvation
- To understand the need to develop a consistent practice of studying, reading and mediating on God's Word
- To understand the importance of knowing God intimately

**Memory Verse** – *Philippians 3:13-14, "Brethren, I do not regard myself as having laid hold of it yet; but one thing I do: forgetting what lies behind and reaching forward to what lies ahead, I press on toward the goal for the prize of the upward call of God in Christ Jesus."*

### Read/Application: Read Philippians 3 and answer the following questions.

1. Why is it important for us to be constantly reminded of God's instructions to us in the Scriptures?
2. How do verses 7-9 show us to live as followers of Christ, what should the mindset that drives our daily lives be?
3. In verse 10, Paul describes the relationship we should seek with the Godhead. What are the four elements of this relationship? Explain each one in your own words.
4. In verses 12-17 Paul describes the standard of living in this world while representing Christ. How would you describe that standard?
5. In verses 18-21, how can we evaluate our lives to know that we are living a true walk of faith?



# New Testament Discipleship Study

## Discipleship

## Philippians 4

### OBJECTIVES OF THIS LESSON:

- To be challenged to live in unity in the family of God
- To understand the importance of protecting and edifying one another in Christ
- To encourage the continual development of renewing our minds and trusting God in all things.

**Memory Verse** – *Philippians 4:6-7, “Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your request be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.”*

### Read/Application: Read Philippians 4 and answer the following questions.

1. In verses 1-2, Paul instructs the church in Philippi to live in harmony and to serve alongside the women that has been faithful in serving Christ in His ministry. Why is this important?
2. In verses 6-7, we are told to be “anxious” for nothing. What happens when we become anxious and what is the remedy that the Scriptures provide for us?
3. Read Romans 12:2 along with verse Philippians 4:8. These Scriptures provide the framework for developing a Christ-centered mindset. List the ways we are to renew our minds according to these Scriptures.
4. In verses 11-13, Paul instructs us to live our lives in contentment. What does contentment mean? And what are some things that hinder one’s ability to be content. From where do we seek our strength to live in contentment in this very materialistic and self-indulging world?

# New Testament Discipleship Study

## Discipleship

## Colossians 1

### OBJECTIVES OF THIS LESSON:

- To gain a deeper understanding of what God expects of us as followers of Christ.
- To be challenged to live a life that truly reflects that Christ lives in us
- To encourage the continual development of spiritual maturity

#### Memory Verse – Colossians 1:19-20

“For in him all the fullness of God was pleased to dwell, and through him to reconcile to himself all things, whether on earth or in heaven, making peace by the blood of his cross.”

### Read/Application: Read Colossians 1 and answer the following questions.

1. In verses 5 – 8, what does Paul teach us about the hope that we have through faith in Christ and how should it cause us to live?
2. In verses 9-12, list some attributes of one's character that are evident of spiritual growth and maturity.
3. What do verses 13-14 teach us about what happens to us when we receive Christ as our Savior?
4. What do verses 15-20 teach us about Christ? How do these Scriptures encourage you as a believer?
5. What do verses 21-23 teach us about the purpose of our redemption and what responsibility do we have in how we respond to what Christ has done for us?

# New Testament Discipleship Study

## Discipleship

## Colossians 2

### OBJECTIVES OF THIS LESSON:

- To be challenged by the message within the book of Colossians to develop a strong faith
- To understand the purpose of serving Christ and being an example to other believers
- To encourage the continual development of spiritual maturity

**Memory Verse** – Colossians 2:6-7, *“Therefore, as you received Christ Jesus the Lord, so walk in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving.”*

### Read/Application: Read Colossians 2 answer the following questions.

1. In verses 1-5, what was Paul's purpose in writing to the church at Colossae and Laodicea? How does his words of encouragement minister to the church today?
2. In verse 6-7, how does Paul describe the substance of our faith? What does it mean for our faith to be rooted?
3. List the four warnings Paul gives us as we develop our life of faith in verse 8.
4. Read verses 9-15 and write your own summary of Christ relationship to us as believers and how He empowers us.

# New Testament Discipleship Study

## Discipleship

## Colossians 3&4

### OBJECTIVES OF THIS LESSON:

- To learn to develop a heaven bound mindset that looks to our eternal life not just life on earth
- To understand how we should conduct ourselves in the different roles we are given
- To encourage the continual development of spiritual maturity

**Memory Verse** – *Colossians 3:1-2, "If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth."*

**Read/Application:** Read Colossians 3 & 4 and answer the following questions.

1. What conclusion can we draw from verses 1-2.
2. Colossians Chapter 3 describes how we should conduct ourselves as a new creature in Christ. Use the table below to describe how you are to purposefully and intentionally change your conduct.

Put Away	Put On	Result

3. In verses 18 -22 and Colossians 4:1, what are the four roles mentioned and what should be the conduct within each role?

# Discipleship Journal

Romans:

This image shows a full page of blank white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page, providing a template for writing or drawing. There are no margins, text, or other markings on the paper.

# Discipleship Journal

Romans:

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# Discipleship Journal

Romans:

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# Discipleship Journal

1 John:

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# Discipleship Journal

## 2 John:

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# Discipleship Journal

### 3 John:

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.

## Galatians:

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This image shows a single sheet of white paper with horizontal blue or grey ruling lines, typical of notebook paper. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.

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## Philippians:

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# Colossians:

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This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There is no text or other markings on the paper.

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